#### A PUBLICATION THAT PROTECTS YOU FROM ANY FORM OF GENDER-BASED VIOLENCE

From this newspaper you will find out: what gender-based violence is, if it affects you or not, how you can defend yourself or get help for you and others

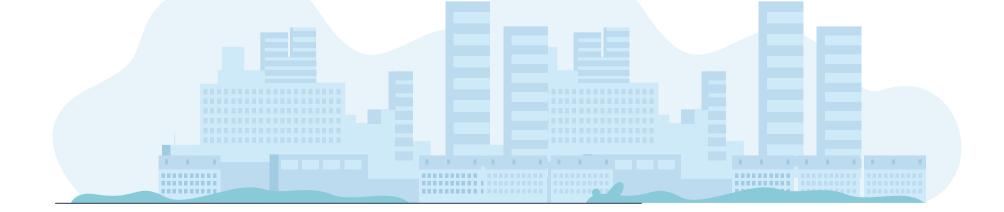


## **DID YOU KNOW THAT ?**

No girl or boy should be:

- Battered
- Sworn at
- Subjected to unwanted touching of sexual nature
- Raped
- Prohibited from going to school
- Forced into child marriage
- Trafficked for illegal purposes
- Forced into child labour
- Bullied or threatened

This is because, according to the Convention on The Rights of the Child, all the children in the world have the right to life, security, freedom, privacy, social and health services, education, personal development, mobility, association, opinion, cultural, political and public participation, personal development. This Convention has been adopted by the United Nations in 1989 and by hundreds of countries.





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#### WHAT IS GENDER-BASED VIOLENCE ?

There are several types of violence, depending on what causes it. Gender-based violence is an action taken against the will of a person (child or adult), only because that person is considered to be weak(er) or because he/she is a boy/girl.

It is a serious breach of the universal human rights, a very serious one if the victim is a child who finds it more difficult to defend him/herself.

The author of gender-based violence is committing a crime condemned by the law, and the victim is entitled to protection and care !



# RISKS

If you are a girl or young woman, you are more exposed to sexual and gender-based violence. But boys can be victims as well, and that does not imply that they are weak in any way.

If you are also a migrant, then the risk of being

confronted with some form of sexual and gender-based violence increases further.

Sexual and gender-based violence occurs in all social classes, cultures, religions, races, ethnic groups etc.





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#### HOW CAN YOU PREVENT GBV ?

Sadly it is harder to prevent it if it happens in the family. But you can avoid the following:

- Do not go alone with a stranger in an isolated place. Not even if he/she says he/she is family or a person you know by sight
- Do not talk online to strangers
- Do not send strangers photos or personal information

### WHAT CAN YOU DO ?

If you are or have been intimidated, hurt, bullied, harassed or threatened to do certain things that hurt you, it is in your power to:

- Admit to yourself that you are in such a situation
- Understand that you are not to be blamed for what is happening and you should not suffer
- Understand that nobody is allowed to hurt you in any way, no matter who the person is
- Tell someone you trust that something bad is happening to you
- Look for information
- Ask for advice and for help



You are not alone.

You will not be judged. Help yourself so you may be helped!

#### **BE YOUR OWN SUPERHERO** !





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#### WHERE CAN YOU Call For Help

The Police (if you are in Romania call 112)

Children's Line (non stop, anonymous): 116 111

Emergency line for the victims of domestic violence in Romania (non stop): 0800500333

The Children`s Line of the General Departments for Social Assistance and Child Protection of each District of Bucharest and each County of Romania.



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